



UNIT 1, SESSION 2

# THE ARMOR OF GOD

## EPHESIANS 6

### KEY POINT

We can be strong in the Lord.

### BIG PICTURE QUESTION

Who are we strong in? The Lord!

### MEMORY VERSE

In the beginning God created the heavens and the earth. **Genesis 1:1**

# PREPARE



Take time to reflect  
on today's lesson.

## LEADER BIBLE STUDY

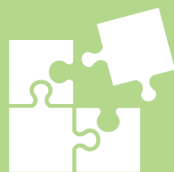
The armor of God! Do you remember what the armor of God is? Have you ever heard of it? If so, do you put yours on every day? Think about protective armor. I think about a knight, heavily weighed down with armor. God's armor is light and easy to carry. It doesn't hold us back. It isn't difficult to carry by weight.

Our passage today, Ephesians 6:10-20, says:

*Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.*

The armor of God is good and useful. Wear yours daily!

# WELCOME & OPENING



Connect with children as service starts.

## WELCOME

Play music through the undercabinet radio (flash drive), or connect your phone to Bluetooth through the radio and play Christian preschool/Bible songs as you greet children coming into the classroom. Help them transition in and feel welcome as they play games and interact with others.

## MEMORY VERSE SONG

Gather children and sing the memory verse song to the tune of “Three Blind Mice”:

In the beginning  
in the beginning

God created  
God created

the heavens and the earth  
the heavens and the earth

Genesis 1:1  
Genesis 1:1

## THE LORD’S PRAYER/TEN COMMANDMENTS

**Toddlers & Twos:** Use the provided poster to review the Lord’s Prayer with the children in your class.

**Threes & Fours:** Using the provided poster, review the Ten Commandments with the children in your class. Read through each one, then have children repeat after you as you say them together.

# ACTIVITY



Help children with an activity connected to the lesson.

## ACTIVITY: ARMOR OF GOD

Use the provided armor of God and let children take turns putting it on. As they do, talk about what each piece means.

Then, as a group, practice putting on our invisible armor of God, one piece at a time. To end the activity, give each child one of the provided shields and crayons/markers and let them decorate it.





## BABIES & TWOS BIBLE LESSON

Paul wrote to Christians telling them to be ready for battle. He told them to put on the armor of God. The shield of faith protects us from the enemy's attacks. The breastplate of righteousness protects our hearts. The sword of the Spirit is the Word of God. That's the Bible!

The helmet of salvation protects our minds. The belt of truth holds everything together. And our feet are protected with the gospel of peace. Finally, Paul tells us to always remember to pray. God is always with us!

## THREES & FOURS BIBLE LESSON

In the Bible, soldiers would wear very heavy armor to get ready for battle. While Paul was in prison, he wrote a letter to the church. He told them to put on the armor of God. He wanted them to be ready.

Paul told them to start with the belt of truth. This was the part that held everything together. We can know the truth by reading the Bible. Next is the breastplate of righteousness. This piece protects your heart.

We are to protect our feet with the gospel of peace. We should forgive others because God forgives us. Fourth, the shield of faith. It protects us from the enemy's attacks.

On our heads, we are to wear the helmet of salvation. It protects our minds. It reminds us of God's promises. Next, the sword of the Spirit, which is God's Word, the Bible. Finally, Paul tells us to always remember to pray. God is always with us!

# SNACK & CLOSING



Continue to engage children near the end of the morning.

## SNACK & DISCUSSION

**Have everyone wash their hands, then serve a snack. Ask the following questions and retell parts of the lesson as needed.**

1. What was your favorite part of today's Bible lesson?
2. What did you learn about God in today's Bible lesson?
3. What did Paul tell other Christians to put on?
4. Who are we strong in? **The Lord!**

## CLOSING ACTIVITIES

Sing the clean up song. Have children help put toys on tables.

Gather them on the rug in a circle and have one volunteer read today's Bible lesson from the children's Bible. Have a regular Bible ready as well.

Sing the "B.I.B.L.E." and "Everything in the Bible is Absolutely True" songs. Remind children that the Bible is God's Word and the most important book in the whole world!

The other volunteer should stand at the door and help with pick up, matching stickers, gathering children's things, etc.

## BEFORE YOU GO...

**Second service leaders, please clean up by doing the following:**

1. Spray down toys with disinfectant.
2. Spot sweep if needed.
3. Return toys to closet, close door.
4. Throw away any trash left on counters and in room.
5. Return binders to the cabinet.

# THANK YOU FOR SERVING WITH US!