



UNIT 11, SESSION 4

# THE TEN COMMANDMENTS

EXODUS 20

## KEY POINT

God gives us rules to protect and help us.

## BIG PICTURE QUESTION

Why does God give us laws? God gives us laws to help and protect us!

## MEMORY VERSE

Call to me and I will answer you. **Jeremiah 33:3**

# PREPARE



Take time to reflect on today's lesson.

## LEADER BIBLE STUDY

This week's lesson is about God's good rules. Take a moment to read Exodus 19-20. Like it or not, rules are actually a gift from God!

When God gave Moses the Ten Commandments, He wasn't trying to make life harder for His people; He was showing them how to live well. These commandments were meant to help His people love Him and others, protect them, guide them, and help them flourish.

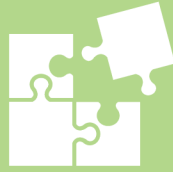
And just like God was patient with His people as they learned, He is patient with us too. When we struggle to do the right thing (again), it's an opportunity to humble ourselves and seek Him again. His grace is sufficient for us; even when we make mistakes, we are still loved.

Thankfully, God lovingly leads us, teaches us, and gives us fresh starts every day.

*A prayer for this week:*

*God, thank You for giving us good rules that help us love You and love others. Help us lead with patience and kindness. When we feel tired or frustrated, remind us of Your grace. Thank You for Your safety, love, and truth. Amen.*

# WELCOME & OPENING



Connect with children as service starts.

## WELCOME

Play music through the undercabinet radio (flash drive), or connect your phone to Bluetooth through the radio and play Christian preschool/Bible songs as you greet children coming into the classroom. Help them transition in and feel welcome as they play games and interact with others.

## MEMORY VERSE SONG

Gather children and sing to the tune of “Head, Shoulders, Knees and Toes”:

Call to me  
and I will answer you.  
(repeat 3x)

Jeremiah 33:3  
33:3!

## THE LORD’S PRAYER/TEN COMMANDMENTS

**Toddlers & Twos:** Use the provided poster to review the Lord’s Prayer with the children in your class.

**Threes & Fours:** Using the provided poster, review the Ten Commandments with the children in your class. Read through each one, then have children repeat after you as you say them together.

# ACTIVITY



Help children with a craft connected to the lesson.

## ACTIVITY: TEN COMMANDMENTS MATCHING

Give each child a Ten Commandments template page, a set of the paper cutout commandments, and a glue stick.

Using your Bible as a reference, help children determine where to put each paper commandment cutout on the page and glue them down. End the activity by singing the Ten Commandments song.





## BABIES & TWOS BIBLE LESSON

One day, Moses climbed a mountain, and God spoke to him. God gave Moses a special message for the people.

Three days later, Moses climbed the mountain again. Moses stayed there for forty days and nights. God gave him many rules for the people. God wanted to care for them and keep them safe.

God gave Moses stones with the law. These rules would teach the people right from wrong.

## THREES & FOURS BIBLE LESSON

After God rescued Israel from Egypt, the people began to travel toward the new land God had promised to give them. After three months, they arrived at Mount Sinai. Moses climbed the mountain, and God spoke to him. "You have seen all the mighty things that I can do. Obey me fully, and you will be my special people."

Moses returned to Israel and told them all that God had said. The people promised, "We will do everything God has commanded." God said, "Tell the people to prepare. They need to wash their clothes and be clean. I am holy." The people washed and cleaned themselves just as God commanded.

Three days later, a thick cloud covered the mountain. Thunder and lightning shook the sky. A mighty trumpet blast sounded. Everyone trembled at the majesty of God. Moses led them to the foot of the mountain. The trumpet sound grew louder and louder.

God called Moses to come to the top of the mountain. Moses stayed there for forty days and nights. God gave him many laws that the people needed to obey. When God finished speaking to Moses, He gave him the stone tablets with the law. These laws would teach Israel right from wrong.

**KEY POINT:** God gives us rules to protect and help us.

# SNACK & CLOSING



Continue to engage children near the end of the morning.

## SNACK & DISCUSSION

**Have everyone wash their hands, then serve a snack. Ask the following questions and retell parts of the lesson as needed.**

1. What was your favorite part of today's Bible lesson?
2. What did you learn about God in today's Bible lesson?
3. How many rules/laws did God give His people?
4. Why does God give us laws? God gives us laws to help and protect us!

## CLOSING ACTIVITIES

Sing the clean up song. Have children help put toys on tables.

Gather them on the rug in a circle and have one volunteer read today's Bible lesson from the children's Bible. Have a regular Bible ready as well.

Sing the "B.I.B.L.E." and "Everything in the Bible is Absolutely True" songs. Remind children that the Bible is God's Word and the most important book in the whole world!

The other volunteer should stand at the door and help with pick up, matching stickers, gathering children's things, etc.

## BEFORE YOU GO...

**Second service leaders, please clean up by doing the following:**

1. Spray down toys with disinfectant.
2. Spot sweep if needed.
3. Return toys to closet, close door.
4. Throw away any trash left on counters and in room.
5. Return binders to the cabinet.

**THANK YOU FOR SERVING WITH US!**