

UNIT 6, SESSION 1

# PRAYER | WEEK 1

**MATTHEW 6:9-13** 

#### **KEY POINT**

Jesus teaches us how to pray.

#### **BIG PICTURE QUESTION**

What is prayer? Prayer is how we talk to God.

#### MEMORY VERSE

I have hidden Your word in my heart, that I might not sin against You. Psalm 119:11



### **LEADER BIBLE STUDY**

Prayer was essential in Jesus' life. Take a moment to think about that. Jesus prayed—regularly, intentionally, and intimately. Who was He praying to? The same God we pray to! That's a profound thought.

There are so many things Jesus did that we can do too, and prayer is one of them. Remember the old phrase WWJD? Well, Jesus prayed. And we can too.

How often are you praying? Really praying? Talking to God, listening to Him, and building your relationship with Him? We often overthink prayer or make it complicated, but it's simply conversation with our Father.

For the next two weeks, we're focusing on prayer in preschool. What a perfect way to start a new year! Our lesson defines prayer as talking to God, listening to Him, and growing in relationship with Him. In 2026, I want to pray more, draw closer to the Lord, and deepen my relationship with Him. I hope you do too!

This week, I challenge you to say the Lord's Prayer every day, out loud. Say it with your family, your friends, or by yourself. It's the example Jesus gave us. In this new year, as you say it, consider each word.

#### Flex your prayer muscles in 2026:

- Keep a prayer journal.
- Pray kneeling at least once a day.
- Bless your meals.
- Pray in the morning and at night.
- Share your prayer requests with someone you trust.

As you do, you will grow closer to Him. And that is exciting!

# WELCOME & OPENING



Connect with children as service starts

## WELCOME

Play music through the undercabinet radio (flash drive), or connect your phone to Bluetooth through the radio and play Christian preschool/Bible songs as you greet children coming into the classroom. Help them transition in and feel welcome as they play games and interact with others.

#### **MEMORY VERSE SONG**

Gather children and sing the song below to the tune of "Twinkle Twinkle Little Star":

I have hidden Your word in my heart, that I might not sin against You. Psalm 119:11

### THE LORD'S PRAYER/TEN COMMANDMENTS

**Toddlers & Twos:** Use the provided poster to review the Lord's Prayer with the children in your class.

**Threes & Fours:** Using the provided poster, review the Ten Commandments with the children in your class. Read through each one, then have children repeat after you as you say them together.

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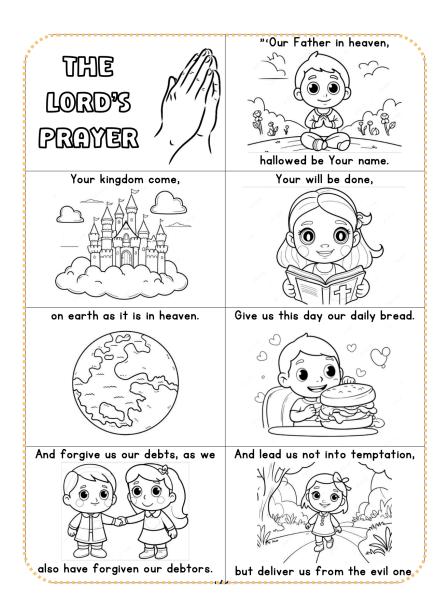


Help children with a craft connected to the Bible lesson

#### **CRAFT: PRAYER CARDS**

Give each child a complete set of the provided Lord's Prayer cards. Give them some time to color and decorate the cards as they like.

Help children cut out their set of cards, then mix them up and help them put them back in the correct order. Review the Lord's Prayer with them as you work.



# **BIBLE TIME**



Review the Bible lesson with your class.

#### **BABIES & TWOS BIBLE LESSON**

Jesus loved talking to God. His friends, the disciples, saw Him pray every day. One day they said, "Jesus, teach us to pray!"

Jesus smiled and said, "When you pray, talk to God like a loving Father." Then He taught them a special prayer:

"Our Father in heaven...
Help us do what is right...
Give us what we need...
Forgive us...
Keep us safe."

The disciples learned they could talk to God anytime, anywhere. And God always listens because He loves us!

## **KEY POINT**

Jesus teaches us how to pray.

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## **BIBLE TIME**



Review the Bible lesson with your

#### THREES & FOURS BIBLE LESSON

Jesus wasn't like anyone else—His words calmed storms, healed the sick, and even raised the dead. His twelve disciples followed Him closely and noticed how often He prayed. They saw how much Jesus loved talking to God.

One day, after watching Him pray, they finally asked, "Lord, teach us to pray."

Jesus smiled and said, "When you pray, speak from your heart. You're talking to God, who loves you." Then He taught them these words:

"Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven.

Give us this day our daily bread.

Forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from the evil one."

Jesus showed them that prayer is about trusting God, asking for what we need, saying sorry, and asking for help to make good choices.

From that day on, the disciples prayed with confidence, knowing God heard them anywhere—on dusty roads, in busy towns, or alone on a guiet hillside. God was always near, always listening.

## **KEY POINT**

Jesus teaches us how to pray.

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#### SNACK & DISCUSSION

Have everyone wash their hands, then serve a snack. Ask the following questions and retell parts of the lesson as needed.

- 1. What was your favorite part of today's Bible lesson?
- 2. What did you learn about God in today's Bible lesson?
- 3. When and where can we talk to God?
- 4. What is prayer? Prayer is how we talk to God.

#### **CLOSING ACTIVITIES**

Sing the clean up song. Have children help put toys on tables.

Gather them on the rug in a circle and have one volunteer read today's Bible lesson from the children's Bible. Have a regular Bible ready as well.

Sing the "B.I.B.L.E." and "Everything in the Bible is Absolutely True" songs. Remind children that the Bible is God's Word and the most important book in the whole world!

The other volunteer should stand at the door and help with pick up, matching stickers, gathering children's things, etc.

#### **BEFORE YOU GO...**

# Second service leaders, please clean up by doing the following:

- 1. Spray down toys with disinfectant.
- 2. Spot sweep if needed.
- 3. Return toys to closet, close door.
- 4. Throw away any trash left on counters and in room.
- 5. Return binders to the cabinet.

#### THANK YOU FOR SERVING WITH US!