



week 1 Looking to God for Help

2 Chronicles 20:12: "O our God, will you not execute judgment on them? For we are powerless against this great horde that is coming against us. We do not know what to do, but our eyes are on you."

introduction

How do we respond when we face impossible situations? When the cancer diagnosis comes right after the job loss, and then the car breaks down? When our spouse walks out or when someone eviscerates us on social media? Naturally, we worry and try to solve the problem with our own strength and resources.

King Jehoshaphat faced an impossible situation. But instead of trying to solve it alone, he looked to God for help, and we can do the same. Our God, the Creator and Sustainer of heaven and earth, knows we cannot face life's challenges alone. In our desperate dependence, He wants to help us.

SIMPLE PRAYER: God, we do not know what to do, but our eyes are on You!

PRAYER PRACTICE: Write down five ways God has helped you in the past. Then pray, thanking God for how you have seen Him work in your life.



POSTCARD: Remove this week's postcard in the back of this guide, and put it in a prominent place as a reminder to pray. When you pray for someone else, write a note on the back of the postcard, and give it to them as an encouragement and an opportunity to start a conversation about Jesus.

day **READ 2 CHRONICLES 20:1-24**

1 | Summarize the passage in 2-3 sentences.

2 | King Jehoshaphat was afraid (v. 3). What might it have been like for the leader to show fear? How might that affect the rest of the people?

3 | In the ESV, v. 3 says Jehoshaphat "set his face to seek the LORD..." What does that mean?

4 How do you usually respond to fearful thoughts or worrisome situations? How can you "set your face to seek the LORD" as Jehoshaphat did?

5 | What did all of Judah do in v. 4? Why is this significant after what their king did in v. 3?

PRAY

In the space below, copy this week's simple prayer: **We do not know what to do, but our eyes are on You.**

After studying this passage, pray this prayer from "A Liturgy for Moments of Emergency" in *Every Moment Holy*. Pray it now and whenever needed:

"O God our Rock, hold us in the chaos of this hard hour. O Christ our King, calm us in the storm of our distress. Oh Holy Spirit, intervene and intercede. We need you now, most merciful God."

day 2

READ 2 CHRONICLES 20:6-12

We can reflect on multiple elements of Jehoshaphat's prayer.

1 | What does Jehoshaphat say about God in v. 6? How would you categorize that type of prayer?

2 | Why does Jehoshaphat recount what God has done (vv. 7-9)?

3 | Why does Jehoshaphat tell God what is happening now (vv. 10-11)?

4 | What does Jehoshaphat ask of God (v. 12)?

5 | The situation seemed impossible. What does Jehoshaphat admit about himself and Israel (v. 12)? How is this significant?

Jehoshaphat is desperately dependent on God. In these verses, how do you see him demonstrate trust in God during his impossible situation?

PRAY

End your study time today by praying our simple prayer for the week, like Jehoshaphat did: **God, we do not know what to do, but our eyes are on You!**

day 3

READ 2 CHRONICLES 20:13-24

1 | What did Jahaziel tell the nation (vv. 15-17)?

2 | Describe a time you saw "the salvation of the LORD on your behalf" (v. 17).You can pick one from your weekly prayer practice if you'd like.



3 | Jahaziel told the Israelites several times not to fear, and they worshipped and praised the Lord. How do praise and fear relate?

4 | What was unusual about Israel's battle plan (v. 21)? What happened next?

5 | Where are you currently desperately dependent on Jesus? How can praise help in this battle?

PRAY

Pray this week's simple prayer for someone else. We want to be people who pray for ourselves and also for others. Each week, we'll pray our simple prayer for a different demographic within our church body.

This week, pray for our young adults: God, we do not know what to do, but our eyes are on You!

- Pray for wisdom as they face life-changing decisions.
- Pray they will stand on God's Truth over their own opinions.
- Pray as they live out their faith in our current culture.

day 4

READ PSALM 70

God's Word is full of prayers. Every week, we will examine a prayer in the Bible with a similar theme to our study.

1 | What similarities do you see between this prayer and Jehoshaphat's in 2 Chronicles 20:6-12?

Let's walk through the elements of this prayer and see how we can use it to model our own prayers for help:

2 | What does David ask of God in vv. 1-3? What is his tone?

3 | What does he say in v. 4? How is that different from the previous verses?

4 | How does v. 4 help in times of desperate dependence?

5 | David admits his limitations (v. 5) and asks God for help again. What limitations do you need to face? Admit them, and ask God for help.

PRAY

Write a prayer based on this week's simple prayer: God, we do not know what to do, but our eyes are on You!

day 5

READ 2 CHRONICLES 20:12

Horde (ESV): הָמוֹן *hāmôn* Multitude or crowd, but one with *tumultuous noise and confusion.* Teeming throng, one which is disorderly and violent.

*blueletterbible.org; Webster's Dictionary

1 In what areas of life are you currently desperately dependent on Jesus? Like Jehoshaphat, in what situation do you not know what to do?

2 | What is the "horde" you are currently facing?

3 | We naturally try to solve our problems on our own. Yet, God often calls us to wait and trust Him to solve them. Do you find it hard to trust God and wait for Him to act? Why?

4 All of Judah gathered together to pray and seek the Lord. Why do we need to gather with people and seek God together? Who are the people you seek God with?

PRAY

Regarding something you're facing right now, write and pray a prayer modeled after Jehoshaphat's prayer:

- Praise God!
- Acknowledge He is God over the exact scenario you face.
- Remember what God has done in your life.
- Ask God for help with what is happening now.
- Admit your limitations and God's power.
- Surrender your ideas about what should happen, and wait on God.

2 Chronicles 20:12 "O our God. will you not execut ton them? For we are powerless against horde that is coming against us. We do not - do, but our eyes are on you.



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