

# OCTOBER



## Meet Your Instructors



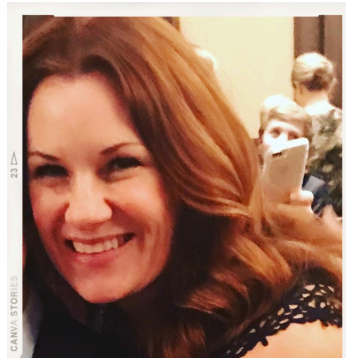
Pam



Cindy



Alison



Erinn



Charise

| SUN | MON                         | TUE                   | WED | THU                      | FRI | SAT                   |
|-----|-----------------------------|-----------------------|-----|--------------------------|-----|-----------------------|
|     |                             | 1<br>5:45pm<br>Erinn  | 2   | 3<br>5:45pm<br>Pam       | 4   | 5<br>9:00am<br>Erinn  |
| 6   | 7<br>12pm<br><b>NO YOGA</b> | 8<br>5:45pm<br>Pam    | 9   | 10<br>5:45pm<br>Pam      | 11  | 12<br>9:00am<br>Erinn |
| 13  | 14<br>12pm<br>Erinn         | 15<br>5:45pm<br>Erinn | 16  | 17<br>5:45pm<br>Pam      | 18  | 19<br>9:00am<br>Erinn |
| 20  | 21<br>12pm<br>Erinn         | 22<br>5:45pm<br>Erinn | 23  | 24<br>5:45pm<br>Pam      | 25  | 26<br>9:00am<br>Erinn |
| 27  | 28<br>12pm<br>Erinn         | 29<br>5:45pm<br>Erinn | 30  | 31<br><br><b>NO YOGA</b> |     |                       |