



# HESED

MARVELING AT GOD'S  
INFINITELY COMPLEX LOVE.

## GOD'S HESED *means God cares*

### LAMENTATIONS

#### PROCESSING GRIEF WITH JEREMIAH:

- TALK
- TEARS
- TIME
- TRUTH

**RENEWAL QUESTIONS:** What are three losses you have experienced? Share one and how it impacted you. When you hear the word “lament,” what initial thoughts come to mind? Do you feel comfortable or uncomfortable talking about your grief with others? As you reflect on seasons of loss and grief, what was helpful to you during those times? What was harmful? The discipline of Recall reminds us of our need for Talk, Tears, Time, and Truth as we process our grief—how will you make a habit of Recall this week? Or, how will you care for those who are grieving this week?

Today's message:  
Neil Tomba  
February 20, 2022

**OUR VISION:** By 2026, we will be having thousands of surprisingly easy-to-start conversations about Jesus all over our city because we are convinced, where God has us is where Jesus is. *Share your stories of conversations about Jesus with us in our Conversations Hub at [northwestbible.org/conversations](https://northwestbible.org/conversations).*

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