

RECEIVE & REFLECT

the light

*advent
twenty
seventeen*

JOHN 1:1-18

¹In the beginning was the Word, and the Word was with God, and the Word was God. ²He was in the beginning with God. ³All things came into being through Him, and apart from Him nothing came into being that has come into being. ⁴In Him was life, and the life was the Light of men. ⁵The Light shines in the darkness, and the darkness did not overpower it.

⁶There came a man sent from God, whose name was John. ⁷He came as a witness, to testify about the Light, so that all might believe through him. ⁸He was not the Light, but he came to testify about the Light.

⁹There was the true Light which, coming into the world, shines on every man. ¹⁰He was in the world, and the world was made through Him, and the world did not recognize Him. ¹¹He came to His own, and those who were His own did not receive Him. ¹²But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name, ¹³who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.

¹⁴And the Word became flesh, and dwelt among us, and we saw His glory, glory as of the one and only from the Father, full of grace and truth. ¹⁵John testified about Him and cried out, saying, "This was He of whom I said, 'He who comes after me has a higher rank than I, for He existed before me.'" ¹⁶For of His fullness we have all received, and grace upon grace. ¹⁷For the Law was given through Moses; grace and truth were realized through Jesus Christ. ¹⁸No one has seen God at any time; the one and only God who is at the Father's side, He has made Him known.

WEEK 1

RECOGNIZE

the light

- practice: turn on a light
- prayer: Jesus, help me see.

WEEK 2

RECEIVE

the light

- practice: turn toward a light
- prayer: Jesus, help me believe.

WEEK 3

REST

in the light

- practice: sit in a light
- prayer: Jesus, help me rejoice.

WEEK 4

REFLECT

the light

- practice: hold up a light
- prayer: Jesus, help me shine.